



HULA GIRL

LAHAINA • MAUI • HAWAII

"High Performance Sailing Restaurant and Bar"

BREAKFAST & LUNCH MENU

BREAKFAST SELECTIONS

Warm Homemade Banana Bread
with Tropical Lilikoi Butter \$6.50
Cinnamon Bun \$4.50
Toasted Bagel and Cream Cheese \$4.50
Yogurt with Granola \$4.50
Fresh Fruit Plate \$5.50
Fresh Brewed Kona Coffee \$3.00
Herbal or Black Tea \$3.00

LUNCH SELECTIONS

SALADS

Kula Upcountry Greens with Feta \$10.00
Choice of House, Balsamic or Thai Chili Ranch
Dressing
Add Grilled Chicken or Shrimp \$3.00
Add Grilled Fish \$4.00

Fruit, Nut & Seed Salad \$12.00
With Baby Spinach, Berries, Candied Pecans,
Sunflower Seeds, Goat Cheese,
Strawberry Balsamic Vinaigrette

Kula Caprese Salad \$9.50 - GF
Tomatoes with Mozzarella Cheese

Kula Green Side Salad \$6.00

LUNCH DAILY SPECIALS

Fresh Fish Special \$15.00
Served with Seasonal Vegetables and Rice
Gluten Free upon Request

Pasta du Jour \$12.00 -VG
Add Grilled Chicken or Shrimp \$3.00
Add Grilled Fish \$4.00

Curry du Jour \$12.00 - VG - GF
Add Grilled Chicken or Shrimp \$3.00
Add Grilled Fish \$4.00

SPECIALTY ENTREES

Teriyaki Stir Fry \$14.50
US Beef Tenderloin, Seasonal Vegetables
House Teriyaki Sauce
Served with Rice and Mixed Greens

Cabernet Braised Boneless Short Ribs \$14.50
Seasonal Vegetables, Apple Rosemary Jus
Served with Rice

Chicken Parmesan \$14.50
Panko Crusted Chicken Breast, House Marinara
Mozzarella, Parmesan, Served with Linguini

SPECIALTY ENTREES *Continued*

Hula Burger \$11.00
Maui Cattle Ground Beef, Onions, Tomato,
Lettuce on a Buttery Brioche Bun,
Maui Chips & Fresh Pineapple Slices
Add Pepper Jack, Swiss or Cheddar Cheese \$1.00
Add Grilled Onions,
Grilled Pineapple
or Guacamole \$1.00

Hula Vegetarian Burger \$13.00 - VG
Beyond Burger From Pea Protein,
Onions, Tomato and Lettuce on a Brioche Bun
Add Pepper Jack, Swiss or Cheddar Cheese \$1.00
Add Grilled Onions,
Grilled Pineapple
or Guacamole \$1.00

Kalua Pork Quesadilla \$13.00
Swiss Cheese, Jalapeño Tortilla, Pineapple Salsa
Served with Rice

Homemade Truffle Mac N Cheese \$12.00
Add Chicken or Shrimp \$3.00

01/23/19

If you are interested, please be sure to ask our crew about T-Shirts, Hats and other Logo Wear.